

Flexibility.

Please learn to be flexible and adaptable. If you don't, like the dinosaurs, you will become extinct.

Fact – Every five years you will be faced with major decisions and changes in your life.

When I was young I was told there were two things guaranteed in life - taxes and death. (Really motivational stuff) Guess what? Inflation has kicked in and you are now guaranteed three things - taxes, death and change.

Change is a part of life, like evolution, but faster. You can try to ignore it, or you can embrace it. Become comfortable with the prospect of new opportunities and horizons.

It's not change that we fear, it is fear of the unknown. Given that we don't know what is going to happen, logically there is nothing to be fearful of.

Life, education and business have changed dramatically in the last 20 years and will continue to do so. By the time you leave school you will have been exposed to more education than your grandparents were in their entire lifetime. During your education years, there have been industries and jobs created that did not exist on your first day at school. Believe it or not the internet and email has been around for less than 25 years in its mass user format.

If you can convince your interviewer that you are comfortable with change and can re-invent yourself, then you'll be seen as a highly desirable employee.

If on the other hand you are not comfortable with change, I suggest that you read the book "**Who Moved My Cheese?**" By Dr. Spencer Johnson.

This practical and straight forward book deals with the issues of change and how we react to it. You will identify with one of the four characters and observe how they all fare. The book shows you how to deal with change and move on successfully.

If you buy the book, it's quick to read and I recommend that you read it three times over a week!

Quote – "When you move beyond your fear, you feel free." Dr. Spencer Johnson. (Author)

Be proactive not reactive, be ahead of the curve. No one knows what is around the corner, but I can guarantee there will be change.

Good luck in your next interview, James E Lynch